

Cane or crutches after surgery

If you are having lower limb surgery (i.e. ankle, knee, hip) you may be required to bring crutches or a cane with you to the hospital. Contact your case worker who can arrange these items for you prior to your surgery day.

Hospital Locations

Your WCB case worker will provide the details on the hospital location where your surgery will occur.

Weather

If there are concerns about bad weather and road conditions, we may arrange for you to travel earlier with an overnight hotel stay and taxi service arranged to ensure you can attend your scheduled surgery.

Operating rooms generally do not close due to poor weather, so please plan ahead. If you need assistance, contact your case worker.

Overnight Stay

In general, most surgeries are day surgeries. For other procedures you may need to be in the hospital for a few days.

In either case, you may speak with your case worker to ensure any necessary hotel and travel arrangements are made for you. These arrangements will include both yourself and the responsible adult who will be accompanying you to your surgery.

If you have any further questions, please contact your case worker at 1.800.870.3331.



Surgery for your workplace injury: What you need to know

Important information regarding your upcoming surgery, for your workplace injury.

Before the scheduled surgery

Pre-Operative Assessment/Admission

Depending on your health history and the type of surgery you are undergoing, you may be required to attend an assessment at the hospital before your surgery day. If this is the case, you will be contacted by the hospital or the surgeon's office to schedule an appointment at the Pre-Admissions Clinic. If you are required to make a trip to the hospital to attend this clinic and require assistance to arrange travel, please contact your WCB Nova Scotia case worker.

Responsible Accompanying Adult

If you are having day surgery, you will need to be accompanied by a responsible adult to and from the hospital. After your operation is complete and you are cleared to leave, the hospital staff will provide instructions to the adult accompanying you regarding your safety. You will not be released from the hospital if you are not accompanied by a responsible adult. Your case worker will make travel arrangements for you and your accompanying adult, if required.

If your surgery requires you to stay in the hospital for a few days, you will be required to have a responsible adult with you on the day you leave.

Travel

As you may need to travel to the hospital location, please ensure you allow enough travel time to arrive on time/early considering weather, traffic and familiarity with the area. You can use Google Maps (maps.google.ca) or a similar service to determine the required travel time.

If you require travel assistance contact your case worker.

Please note that the hospital parking lots have paid parking.

Hospital Arrival Times (OR day)

Some hospitals require you to call a few days before the surgery day to learn the time to arrive at the hospital on the day of surgery. Please check with your case worker for contact information.

Emergency or Sickness

Should you become sick and unable to attend your surgery, a medical note from your doctor must be faxed to the surgery program office at 902.678.3906 in advance of your surgery day.

In the event of illness or emergency immediately before, or on your scheduled surgery day, you must contact the hospital to provide the details of your situation. You may be asked to provide your name, date of birth, telephone number and contact information. You may receive a call back with further instructions.

You will need to advise and discuss the cancellation with your case worker as soon as possible.

If an issue arises more than five days in advance of your surgery day, you must contact your case worker. Your case worker will assist in addressing any problems to ensure you can attend your scheduled appointment.